

# Camp Areas of Focus

01



**Fitness  
and  
Nutrition**

02



**Golf  
Skills**

03



**Sportsmanship  
Etiquette  
Rules**

04



**Golf and  
“near golf”  
experiences**

05



**Golf and  
Physical  
Assessments**



## Ready to Enroll?

For more information or to enroll in one or more of our camps, please reach out today!

### Phone

540.212.2938

### Website

[www.golfgauntlet.com](http://www.golfgauntlet.com)

### Address

18 Fairway Drive  
Fredericksburg, VA 22406

# JUNIOR GOLF CAMPS



## About Us

The Golf Academy at Gauntlet Golf Club is a great place to learn the game of golf and have a wonderful summer camp experience. Ideal for all age groups and skill levels. Students will learn etiquette, basic golf rules, and fundamental sports skills. Classes are taken on and off the course, utilizing our putting green and driving range.



## Our Goals

Our Golf Academy strives to create lifelong players through a long-term athletic development approach. This is accomplished by focusing on fundamental movements and developing them into fundamental sports skills.

Earlier classes will have an emphasis on running, jumping, striking and balancing in hopes to funnel down those concepts into a golf swing. This approach makes students an athlete first and a golfer second.

*Member and Sibling discounts available*

✂ Camps run Monday - Friday

✂ 3 Hour Sessions

✂ Morning and Afternoon Sessions available